



English Unlimited B1

	Goals	Language	Skills	Explore
Intro pages 7–9	Me and my life <ul style="list-style-type: none"> introduce and talk about yourself talk about needs, wants and reasons 	Vocabulary Your life p7 Needs, wants and reasons p8	Listening Kate talks about her life p7 Learning a language p8 Speaking Talk about your life p7 Give reasons p9	
1 pages 10–17	Play <ul style="list-style-type: none"> talk about music talk about what to do in your free time talk about past events and present activities talk about sport and exercise talk about your interests and how they started <p>Target activity Talk about an interest</p>	Vocabulary Talking about music p10 Deciding what to do p11 Sports and exercise p13 Talking about interests p14 Grammar Present simple, past simple, present progressive p12 Pronunciation Word stress p13	Listening Music in Trinidad and Tobago p10 Li talks about motorbikes p14 Reading Interview with Ruben Gonzalez p12 Reading and listening WOMADelaide p11 Speaking Music and you p10 Choose an event to attend p11 Michelle Sung Wie, Vincent Mantsoe p12 Sports and exercise p13	Keyword <i>so</i> Across cultures Culture shock EXPLORE Writing <ul style="list-style-type: none"> write messages of request and information to different people <p>Look again </p> Spelling and sounds <i>or, wor-</i>
2 pages 18–25	Work and studies <ul style="list-style-type: none"> talk about personal experience talk about your studies talk about your work Join a job agency <p>Target activity Have an interview</p>	Vocabulary Studying p18 Working conditions p21 Presenting yourself p22 Grammar Present perfect 1 – for experience p19 Present perfect 2 – with <i>for</i> and <i>since</i> p21 Pronunciation Sentence stress p19	Listening Lifelong learning p18 Interview at a job agency p22 Reading The Workplace > chat p20 Speaking Past and present studies p19 Educational experiences p19 The work quiz p20 Working conditions p21 Life experiences p21	Keyword <i>for</i> Independent learning Noticing and recording collocations EXPLORE Speaking <ul style="list-style-type: none"> ask people to repeat, spell things and slow down show you understand take a phone message <p>Look again </p> Spelling and sounds Words with <i>-er, -or, -ar, -our</i>
3 pages 26–33	How's your food? <ul style="list-style-type: none"> give opinions talk about food and eating order a meal in a restaurant make suggestions <p>Target activity Plan a meal</p>	Vocabulary Giving opinions p26 Food and meals p27 Ordering a meal p29 Making suggestions p30 Grammar Nouns with prepositional phrases p29 Pronunciation Schwa /ə/ sound p29	Listening Planning a barbecue p30 Reading In defence of supermarkets p27 Reading and listening Eating out p28 Speaking Where you buy food p26 Food and food shopping p27 Order a meal p29 Describe a recent meal p29	Keyword <i>with</i> Across cultures Mealtimes EXPLORE Writing <ul style="list-style-type: none"> give and understand written instructions <p>Look again </p> Spelling and sounds <i>oi, oy</i>
4 pages 34–41	Encounters <ul style="list-style-type: none"> use a taxi describe past events tell a story tell a travel anecdote <p>Target activity Tell stories about memorable meetings</p>	Vocabulary Taxis p34 Getting a taxi p35 Linking a story p37 Starting a story p38 Grammar Past progressive p37 Pronunciation Sentence stress and schwa /ə/ p35	Listening Two journeys by taxi p35 Memorable meetings p38 Reading Hack: a taxi driver's blog p36 Speaking Taxis p34 Get a taxi p35 Tell a story: the ten-dollar bill p37	Keyword <i>back</i> Independent learning English outside the classroom EXPLORE Speaking <ul style="list-style-type: none"> show interest in a conversation develop a conversation by asking questions and giving longer answers <p>Look again </p> Spelling and sounds <i>gh</i>

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5 pages 42–49	<h3>Money</h3> <ul style="list-style-type: none"> change money understand instructions on a cash machine pay for things in different places talk about rules and obligations give advice <p>Target activity Give advice to a visitor</p>	Vocabulary Money p42 Paying for things p43 Giving advice p46	Listening At a bureau de change p42 Thiago in Scotland p43 Advice for visitors p46	Keyword <i>it</i> Across cultures Money EXPLORE Writing write an email or letter giving advice to a visitor
			Reading Cash machine p42 A new kind of banking? p44 Borrower success stories p44, p124	Look again  Spelling and sounds <i>-tion, -ssion, -cian</i>
		Grammar <i>have to, can</i> p45	Speaking Change money p42 Buy things p43 Grameen Bank p44 Success stories p45 Laws in your country p45	
		Pronunciation Linking consonants and vowels 1 p43		
6 pages 50–57	<h3>Energy</h3> <ul style="list-style-type: none"> talk about present habits talk about weather make comparisons express preferences <p>Target activity Do a survey</p>	Vocabulary Household chores p50 Talking about habits p51 Weather p52 Expressing preferences p54	Listening Weather: Moscow, Kolkata p52 Fitness centre survey p54	Keyword <i>do</i> Independent learning Reading the phonemic script EXPLORE Speaking speak more politely by being less direct
		Grammar Comparing things p53	Reading The treadmill, The cycle washer p50, p124	Look again  Spelling and sounds <i>-able and -ible</i>
		Pronunciation Words with <i>-er</i> and <i>-est</i> p53	Speaking Who does the chores? p50 Your habits p51 Comparing regions p53	
7 pages 58–65	<h3>City life</h3> <ul style="list-style-type: none"> make guesses and predictions make recommendations give directions get information in a tourist office <p>Target activity Get tourist information</p>	Vocabulary The environment p59 Giving directions p61 Getting tourist information p62	Listening How can I get there? p61 What should I see? p62	Keyword <i>will</i> Across cultures Tourism EXPLORE Writing write a description of a place
		Grammar <i>will, might, may</i> p59 Real conditionals p60	Reading The urban world in 2050 p58 Amsterdam Travel Guide p60	Look again  Spelling and sounds <i>ui, uy</i>
		Pronunciation Linking consonants and vowels 2 p61	Speaking The environment p59 Life in 2050 p59 Recommendations p60 Give directions p61	
8 pages 66–73	<h3>Things</h3> <ul style="list-style-type: none"> ask about and buy things describe objects talk about possessions <p>Target activity Talk about a favourite possession</p>	Vocabulary Buying things p66 Describing objects p69 Talking about a possession p70	Listening At Portobello Market p66 Favourite possessions p70	Keyword <i>by</i> Independent learning Ways of reading EXPLORE Speaking explain words you don't know
		Grammar <i>some, any</i> p67 Passives p69	Reading Mysteries.com p68	Look again  Spelling and sounds <i>ow</i>
		Pronunciation Contrastive stress p67	Speaking At a market stall p67 Classroom objects p69 Mysterious objects p69	
9 pages 74–81	<h3>Feelings</h3> <ul style="list-style-type: none"> say how you feel give and respond to different kinds of news thank people and apologise ask for news <p>Target activity Catch up with friends</p>	Vocabulary <i>yawn, laugh ...</i> p74 Extreme adjectives p75 Reacting to news, thanking, apologising p76 Asking for news p78	Listening Just good friends p76 Two friends catch up p78	Keyword <i>just</i> Across cultures Gestures EXPLORE Writing write an email or note of apology
		Grammar Present perfect 3 – giving news p77	Reading Why do people laugh? yawn? cry? p74, p125, p130	Look again  Spelling and sounds <i>-ge, -dge, -age</i>
		Pronunciation Intonation – speaking with emotion p77	Speaking How did you feel? p75 Role play: Jean-Paul and Rachel p77 What's happened? p77	

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10 pages 82–89	Getting organised <ul style="list-style-type: none"> ⊙ book a room and check into a hotel ⊙ talk about plans and arrangements ⊙ make and change arrangements 	Vocabulary Hotel facilities p82 Staying in a hotel p83 Arranging to meet up p86	Listening A room in Kuala Lumpur p83 Leonardo and Min's plans p85 A change of plan p86	Keyword <i>make</i> Independent learning Improve your listening EXPLORE Speaking ⊙ use questions to preface invitations and requests
	Target activity Arrange to meet up	Grammar Future plans and arrangements p85	Reading Remember me? p84	Look again ♻️ Spelling and sounds <i>au, aw</i>

11 pages 90–97	Spaces <ul style="list-style-type: none"> ⊙ talk about homes and housing ⊙ describe imaginary situations ⊙ discuss pros and cons ⊙ talk about ways to solve problems 	Vocabulary Describing homes p90 Talk about pros and cons p93 Solving problems p94	Listening Moving home p91 Eva's problem p94	Keyword <i>there</i> Across cultures Neighbours EXPLORE Writing ⊙ write a letter or email of complaint
	Target activity Talk about a problem	Grammar <i>would</i> p91	Reading Architect of the future? p92	Look again ♻️ Spelling and sounds <i>ck, k, ch, qu</i>

12 pages 98–105	People and places <ul style="list-style-type: none"> ⊙ say where places are ⊙ describe countries ⊙ talk about people's lives and achievements 	Vocabulary Location p98 Describing a country p99 Life and achievements p100 Expressions with <i>know</i> p102	Listening Akebono, sumo wrestler p100 Lech Wałęsa, Kraków p102	Keyword <i>to</i> Independent learning Guessing what words mean EXPLORE Speaking ⊙ use vague language
	Target activity Talk about people and places in your country	Grammar Infinitives and gerunds p101	Reading The Vatican City, Tuvalu p99, p127	Look again ♻️ Spelling and sounds <i>-ent, -ant</i>

13 pages 106–113	Now and then <ul style="list-style-type: none"> ⊙ talk about electronic gadgets you use ⊙ use the phone in different situations ⊙ talk about past habits and states 	Vocabulary How I feel about gadgets p106 Telephone expressions p107 Comparing past and present p110	Listening Electronic gadgets p106 Christine's phone calls p107	Keyword <i>time</i> Across cultures Time EXPLORE Writing ⊙ write about a memory
	Target activity Talk about technology and change	Grammar <i>used to, would</i> p109	Reading childhoodbeliefs.com p108 Living your life online p110	Look again ♻️ Spelling and sounds <i>ei, ey</i>

14 pages 114–121	A matter of opinion <ul style="list-style-type: none"> ⊙ express and respond to opinions ⊙ have a discussion ⊙ discuss imaginary situations ⊙ take part in a meeting 	Vocabulary Expressing opinions p115 Responding to opinions p155	Listening Argument about boxing p114	Keyword <i>would</i> Independent learning Improve your speaking EXPLORE Speaking ⊙ use expressions to soften opinions and disagreements
	Target activity Have a debate	Grammar Real and unreal conditionals p117	Reading Ways to reduce your kitchen's carbon footprint p116 A new airport p118	Look again ♻️ Spelling and sounds <i>-le, -el, -al, -ul</i>